



FEATURE



# How to spot signs & symptoms of poisoning in dogs & how to react

## A comprehensive guide to dog poisoning and how you can prevent it

Guide authored by GroomArts Academy - Training and Education Centre

Dogs are beloved members of the family and so it can be distressing to read about the symptoms a dog may suffer due to poisoning. However, it is essential that you become informed so that you can prevent poisoning happening in the first place and so that if the worst happens, you know what to do.

### Signs & symptoms of poisoning in dogs

It is important to take time to observe and become sensitive to changes in your dog's behaviour and any subtle symptoms they may have. Dogs can't tell you if they are feeling unwell – you must recognise the signs. It is advisable to check your dog for signs of illness every day.

The severity of signs of poisoning in dogs will relate to the type of poison they have come into contact with and how much of the poison they have ingested. While there is a long list of things that are poisonous for dogs in your home and garden, recognising what the poison might be could help your vet when providing advice. If there is a serious medical issue with any pet, get them to the nearest vet immediately. If you're worried, but not sure if your pet requires immediate medical attention, call one of these 24 hour NSW Vet clinics in your area for advice:

- 9531 3437 Sydney University After-Hours Veterinary Hospital
- 9436 1213 North Shore Veterinary Emergency Centre
- 9758 8666 Homebush Animal Referral Hospital
- 4957 7106 Newcastle Animal Referral and Emergency Centre
- 4323 3886 Animal Emergency Centre Central Coast

Strengthening your skill-set by learning canine first aid can also be extremely useful in these unfortunate circumstances. Certain poisons can take repeated contact for any symptoms to appear, resulting in a cumulative effect. In this case, trust your instincts and get your dog checked out by a vet, as only you will know when your dog has not been his usual self.

We've included a list of poisons and symptoms to help you to identify the issue:

1. Symptoms that can develop when a dog eats chocolate
2. Excessive panting in dogs
3. Symptoms of rat poisoning in dogs
4. My dog is acting drunk and wobbly
5. Symptoms of liver failure due to poisoning
6. Shaking as a symptom of dog kidney failure
7. Neurological problems in dogs
8. Water intoxication in dogs
9. Dogs sneezing blood

# 1. Symptoms that can develop when a dog has been eating chocolate

Chocolate is toxic for dogs. The symptoms of chocolate poisoning can begin 6 to 12 hours after your dog has ingested it. At worst, a dog consuming chocolate can lead to death (older dogs and dogs with heart conditions are at higher risk of death from eating chocolate).

The symptoms of chocolate poisoning can include:

- Restlessness
- Increased urination
- Diarrhoea
- Vomiting
- Increased heart rate
- Shaking
- Seizures



## Why is chocolate poisonous for dogs?

Chocolate will stimulate your dog's nervous system and speed up their heart rate. This is because it contains caffeine and theobromine. The concentration of caffeine and theobromine can vary depending on the type of chocolate. Cocoa powder is the most toxic, then unsweetened baking chocolate, then dark chocolate, with milk chocolate generally being the least toxic. If you know what type of chocolate your dog has eaten, this will help the vet understand the severity of the poisoning.

The symptoms can also depend on the size and weight of the dog and the amount of chocolate ingested. Even a small bar of chocolate can make a dog seriously ill, especially a small dog.

As chocolate is seen as a treat for humans, people will often think of chocolate in the same way for animals and give it to your dog as a treat. You must be particularly aware of both friends and children offering your dog a bit of chocolate out of kindness, not realising the consequences.

# 2. Excessive panting in dogs

## Why do dogs pant?

Dogs pant when they are hot, happy, excited, or they have had some physical activity – this is perfectly normal. Dogs are not able to regulate their body temperature by sweating like a human can.

Dogs evaporate water from the upper respiratory tract and mouth, in order to circulate cool air through their bodies.

Some dogs are prone to heavier breathing, such as pugs and bulldogs, due to the shape of their snouts.



## Excessive panting as a result of poisoning

However, excessive panting in dogs may be a sign that something is wrong. If your dog's panting is heavy and laboured and they are shaking, it may simply be a stress response. However, it may be an indication that your dog has overheated to a dangerous extent and has heatstroke, or that they have a serious health problem, perhaps as a result of ingesting something toxic.

Heavy panting can be the reaction to swallowing something poisonous to dogs, like raisins, antifreeze, rat poison, chocolate or slug pellets.

# 3. Symptoms of rat poisoning in dogs

Dogs are naturally curious and will explore their environment and this means they can accidentally come into contact with poisons designed to kill rodents. If the worst happens and you think your dog has ingested some rat poison, then try to find out what type of rat poison it is, as this will help the vet understand what damage it can cause. The symptoms the dog experiences are also dependent on the type of rat poisoning ingested.

## Bromethalin

This type of rat poison causes your dog's brain to swell. There is no antidote.

Symptoms include:

- Loss of balance
- Vomiting
- Shaking
- Seizures
- Lethargy
- Coma

The vet may induce vomiting with this type of poison, alongside administering medication for the symptoms.





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### 3. Symptoms of rat poisoning in dogs

#### Anticoagulant rodenticides (ACR)

ACR poisons can be fatal for dogs, but the symptoms won't often show for 3-5 days. These rat poisons can result in internal bleeding, as they inhibit the production of Vitamin-K which is needed to clot the blood. If it is this type of rat poison, your vet will prescribe Vitamin K1 and potentially a blood transfusion and oxygen.

Symptoms include:

- Lethargy
- Difficulty breathing
- Pale gums
- Coughing
- Vomiting
- Bloody nose
- Swellings on the skin
- Bleeding gums



#### Cholecalciferol (Vitamin D3)

This type of rat poison increases the calcium in the body, resulting in kidney failure. There is no antidote and your dog will need to be hospitalised.

Symptoms include:

- Weight loss
- Decreased or increased urination
- Lethargy
- Halitosis
- Decreased or increased thirst
- Kidney failure
- Shaking



If this poison has been ingested, the vet will use medication to decrease your dog's calcium levels and IV fluids to flush the poison out.

### 4. My dog is acting drunk and wobbly

If a dog looks like they are losing balance, but without spinning first, it is a reason for concern.

#### What causes a dog to lose their balance?

Poisoning, injury, middle ear infections, cancer or a stroke can cause your dog to become disorientated, lose balance and fall. These symptoms signal that there is a problem in the vestibular system and this is more common in older dogs. The vestibular system maintains and stabilises the position of the head and the eyes during head movement and therefore stabilises the rest of the body. When this system is disrupted, due to ingesting a toxic substance, the dog will lose the ability to balance.

### 5. Symptoms of liver failure due to poisoning

#### What is acute liver failure?

Acute liver failure is a serious condition which can cause many systematic problems, including being more vulnerable to infection, digestive ulcers, fluid in the abdomen and hepatic encephalopathy.

Although there are various conditions that can lead to acute liver failure in dogs, poisoning is one of the most common causes. Poison can cause sudden and immediate liver failure.

#### Symptoms of liver failure

The first symptoms of liver failure are:

- Vomiting
- Weight loss
- Lack of interest in food



You must take your dog to a vet if these symptoms are apparent, as the vet will treat the dog before acute liver failure develops. Symptoms of acute liver failure are treated as an emergency and include:

- Jaundice
- Diarrhoea with blood
- Vomiting
- Excessive thirst
- Fluid in the abdomen
- Disorientation
- Frequent urination
- Blindness
- Excessive drooling
- Poor coordination
- Seizures

Symptoms can come on suddenly, or be slow to develop. Sometimes liver failure is reversible, once the problem which has caused it has been resolved, as the liver can regenerate. In other cases, cirrhosis and scarring can be left as a result. If the liver failure can't be treated, the condition can be fatal.

Many types of poisoning can cause liver failure including Antifreeze, Medications, Amanita mushrooms, Some types of mould, Herbicides, Insecticides, Alcohol, Rat poison, Fungicides, plus Blue- green algae (see <https://www.bluecross.org.uk/pet-advice/blue-green-algae-and-its-dangers-dogs>)

## 6. Shaking as a symptom of dog kidney failure

### Why is my dog shaking?

Dogs can often shake when they are excited or cold. However, the shaking that results from kidney failure is known as a tremor. A tremor is a spontaneous muscle contraction, often starting in the head and then moving down the body. Acute tremors can cause seizures. Firstly, you need to ascertain the reason why your dog may be shivering and shaking. It can be caused by nervousness, excitement, anxiety, behavioural issues, kidney failure, liver problems, an endocrine problem (like an underactive thyroid gland or diabetes), trying to regulate body temperature in a cold environment, or cancer.



Tremors can be caused by poisoning and the resulting kidney failure. Many things which you may have in your household are toxic to dogs and can cause them to shake if they are ingested. These include:

- Raisins and grapes
- Caffeine
- Prescription amphetamines
- Chocolate
- Bleach
- White spirit
- Insecticides
- Prescription antidepressants
- Antifreeze
- Pesticides

Many situations where a dog has been poisoned could have been prevented by making sure everyday household items, which are toxic to dogs, are safely stored and inaccessible to your pet.

## 6. Neurological problems in dogs

### What is a neurological problem?

If your dog suffers from a neurological problem the symptoms can be very frightening. They include sudden and dramatic changes such as seizures, paralysis or violent shaking. These symptoms are caused by something going wrong in your dog's nervous system. The network of cells that are carrying signals from the brain to the body are not functioning correctly. Symptoms of neurological problems can include:

- Shaking
- Loss of tongue function
- Facial paralysis
- Blindness
- Paralysis of hind or front limbs
- Issues with urination
- A head tilt
- Loss of the sense of pain
- Seizures
- Inability to blink



### Neurological disorders as a result of poisoning

Dogs can suffer many neurological symptoms as a result of poisoning. The dog could have ingested, or been exposed to Alcohol, dishwasher tablets or liquid, drain cleaners, anti-depressants, plants such as horse chestnuts, Aspirin or furniture polish.

## 8. Water intoxication in dogs

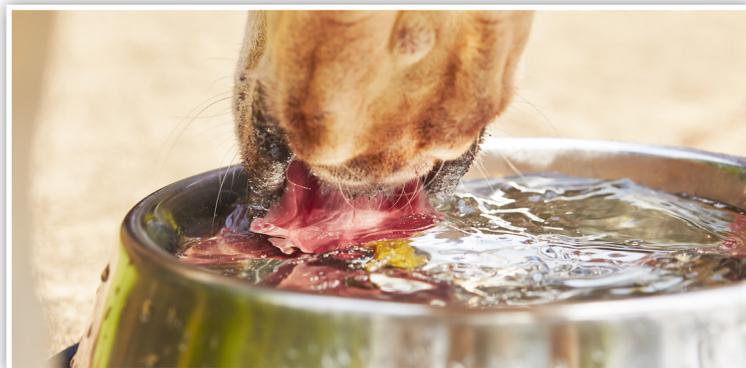
The main concern for most dog owners on a hot day is that their dog stays hydrated. However, when a dog ingests dangerous amounts of water in a short amount of time, the result can be water intoxication, resulting in hyponatremia.

Although the chances of this happening are rare, there are various ways in which a dog can swallow too much water and this can often happen while the dog is playing around water and swimming. It is therefore crucial that you monitor your dog's water play and encourage them to drink slowly after physical exercise by staggering the bowls of drinking water.

### What are the symptoms of water intoxication?

If you know that your dog has just had access to a large amount of water, look out for the following symptoms:

- Difficulty breathing
- Vomiting
- Excessive salivation
- Vacant eyes
- Bloating
- Loss of coordination
- Lethargy
- Seizures
- Coma



## 9. Dogs sneezing blood

### What would cause my dog to sneeze blood?

If your dog starts sneezing blood, it can be a shock to see as a dog's nose doesn't bleed easily. It could be that your dog has something stuck up his nose like a seed or grain as dogs are always investigating new things with their noses! More serious possibilities include cancer, tumours or poisoning. Long-nosed dogs are particularly susceptible to nose cancer which can result in bleeding from the nostrils.

The following problems can all cause your dog to sneeze blood:

- Bacterial infections and allergies – sneezing can often cause nose bleeds
- Ingesting rat poison or other pesticides
- Nasal mite infestation
- Tooth and gum problems
- Cancer and tumours in the nose

## Get in touch with your local vet

If you are at all concerned about your dog's signs or symptoms, please ensure you consult with your local vet as soon as possible and if you suspect they have ingested something they shouldn't, please ensure you take this with you so the vet can identify the substance.

## Dangers around the home

Many items around the home and garden can be dangerous for dogs if ingested.

To help dog-proof your home, please go to the following link to access a handy list of plants that may be in your garden or out on a walk, along with things in the home, which you must keep away from your dog:

<https://groomarts.com/blogs/2019/how-to-spot-signs-of-poisoning-in-dogs-and-how-to-react>



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